

Salmon Patties with Turnip



Time:

30

Serves:

6

Difficulty:

one

Introduction Content:

A delicious take on the traditional salmon patties using turnip to help keep them from falling apart when you cook them, whilst the lemon zest imparts a flavour punch. Recipe / Lee Holmes from Supercharged Foods Photography / Kate Duncan

Recipe Ingredients:

Salmon Patties

- 2 zucchinis, grated
- 1 turnip, peeled & grated
- 415g tin pink salmon, drained & broken up
- 1 teaspoon lemon zest
- 2 eggs
- 1 tablespoon [organic extra-virgin olive oil](#)
- 1 teaspoon parsley, to garnish
- Dollop ricotta, to serve