



the source
BULK FOODS

Australian Macadamia Oil

This Australian made premium Macadamia Oil has a delicious nutty flavour, fresh aroma and rich golden colour. Cold pressed from 100% Australian Macadamias, this oil has no added preservatives and is non GMO. Macadamia Oil is great on salads and in raw recipes – or use it in sweet or savoury dishes.

How to Use:

This flavoursome cold pressed Macadamia Oil is wonderful as a condiment or in all your recipes. Enjoy as a dipping oil with Dukkah and fresh crusty bread, or drizzled over hommos and babaganoush with pita. The sweet, nutty taste of this Australian macadamia oil is perfect in all your favourite salad dressings, or in marinades and rubs for meat, poultry and seafood.

It's delicious over char-grilled vegetables. Use it every day to roast, sauté and in desserts or baked goods. Drizzle over steamed greens, into hearty soups or enjoy with pasta dishes.

Ingredients:

Macadamia Oil (100%).

Preservative Free, Non GMO.

Please note liquid products may incur an additional cost for container.

Allergens:

This product contains **Tree Nuts**. This product may contain traces of other Allergens.

Storage:

Store in an air tight container in a cool, dry place, away from direct sunlight. Refrigeration recommended in warm climates.

Shelf Life:

Up to 12 months when stored as above. See Best Before date.

NUTRITION INFORMATION		
Serving size:		
30 g		
	Average Quantity Per Serving	Average Quantity Per 100 g
Energy	1021 kJ	3404 kJ
Protein	0 g	0 g
Fat, total	27.6 g	92.0 g
– saturated	4.2 g	14.0 g
Carbohydrates	0 g	0 g
– sugars	0 g	0 g
Sodium	0 mg	0 mg