

# Xylitol



Xylitol is a sugar free sweetener that is naturally extracted from Birch trees. This xylitol was made in the USA, from ingredients grown there, and is GMO free. The free-flowing, white crystal-like granules of Xylitol have a taste and aroma similar to white sugar. Xylitol can be used in place of sugar when cooking, or at the table.

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## **How to Use:**

Xylitol can be used in place of sugar or artificial sweeteners. Suitable to sweeten hot beverages, it is also great when cooking. Xylitol is particularly good as a replacement for white sugar in baking recipes. Use Xylitol at a ratio of 1:1 in place of refined sugar.

## **Ingredients:**

**Xylitol** Crystals extracted from Birch.

GMO Free.

## **Allergens:**

No Known Allergens. **This product may contain traces of Allergens.**

**Mandatory Advisory Statement:**

Contains **Xylitol**. Excessive consumption may have a laxative effect.

**Storage:**

Store in an airtight container, in a cool (<25°), dry place away from direct sunlight.

**Shelf Life:**

Up to 36 months, when stored as above.

<b>NUTRITION INFORMATION</b>		
Serving size:		
4 g		
	Average Quantity Per Serving	Average Quantity Per 100 g
Energy	56 kJ	1400 kJ
Protein	0 g	0 g
Fat, total	0 g	0 g
– saturated	0 g	0 g
Carbohydrates	3.99 g	99.8 g
– sugars	<0.01 g	0.2 g
Sodium	<1 mg	4 mg